**1/26 Objectives:**

1. SWBAT explain the Humanistic approach/theory to psychology
2. SWBAT explain Maslow’s hierarchy of needs.
3. SWBAT explain the approach/theory of Positivism in psychology

**1/26 Warm Up**

1. Up until the 1950s & 60s what was the main focus on psychology?
2. In the 50s/60s, what “new school” of thought (psychology) would focus more on what constituted positive mental health?
3. Who were the two main psychologists that “championed” this new way of thinking?
4. What was the basis of their psychological theory?
5. How was this different from basic behaviorism or psychoanalytic thought?

**ACT Words**

1. Assert (verb), 2. Assess (verb), 3. Attribute (verb), 4. Aloof (adjective)